

### **Evidence Implementation Training Program** (EITP)

Increasing the rate of preoperative stoma marking in patients with intestinal ostomy: a best practice implementation project

Eni Shehu, Charlotte Kugler, Robert Prill, Dawid Pieper

Brandenburg a.d.H,12.05.2023

# Introduction

- Preoperative stoma site marking (*stoma-marking*): selecting the appropriate location in an area for surgical placement of a stoma.
- A successful *stoma-marking* (Ambe & Kugler et al. 2022):
  - prevents the post-operative complications;
  - improves HRQoL.
- However, evidence shows that is not always conducted.



# Aims

#### Project Aim:

To increase the rates of preoperative stoma-marking in the three collaborating centres.

Secondary

- Explore the barriers that hinders the 100% compliance;
- Identifying the strategies that might help increasing the marking rate (needs).

### **Methods**

#### Settings

Surgery Department – Immanuel Klinik Rüdersdorf, Germany.

Clinic for General and Visceral Surgery – University Clinic Brandenburg a.d.H, Germany.

Clinic for General, Visceral, Thoracic and Vascular Surgery – University Clinic Ruppin-Brandenburg, Germany

#### Sample

Patients with intestinal ostomy

- Elective and emergency surgery cases (insertion of a stomatata)
- No age limit
- All stoma types were included.

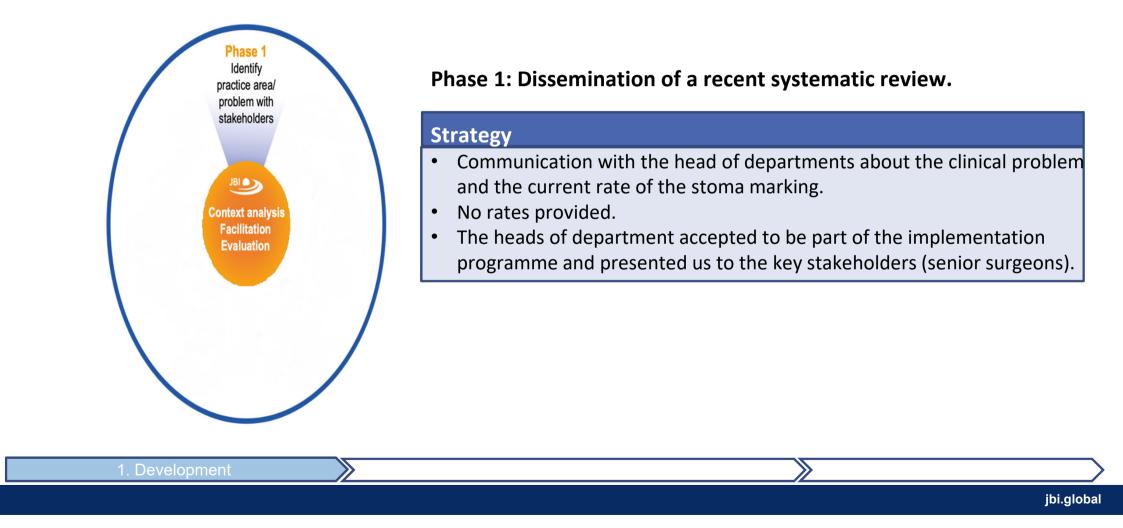
## **Methods**

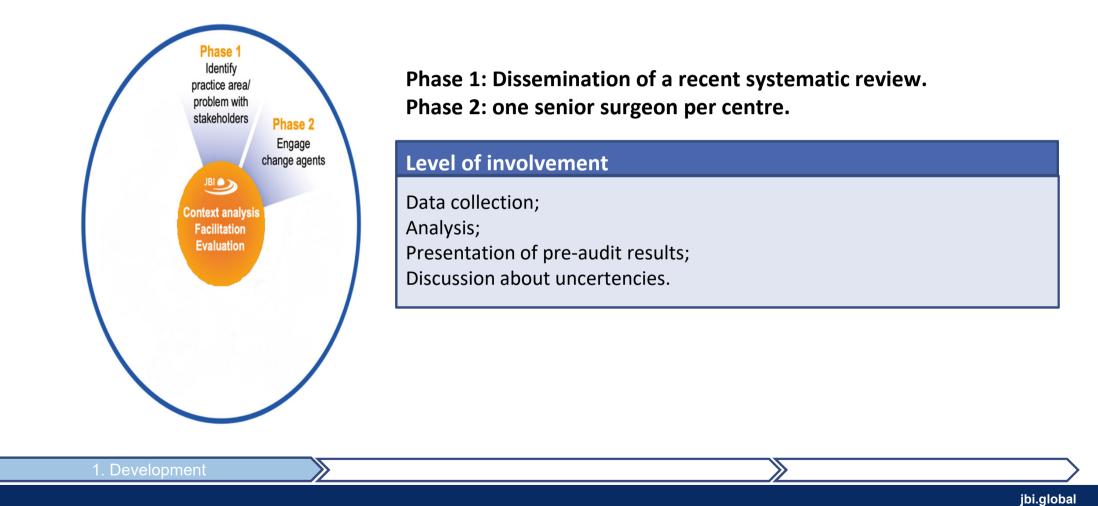
#### JBI Implementation strategy approach

Phase 1: Development and Baseline Audit.

Phase 2: Strategy for Getting Research into Practice (GRiP).

Phase 3: Follow- up Audit and Dissemination.

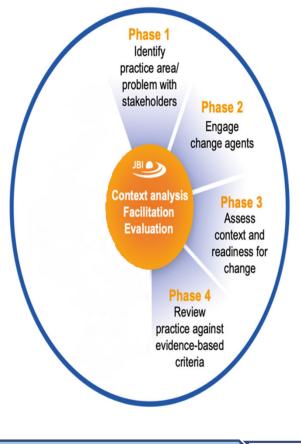






Phase 1: Dissemination of a recent systematic review.Phase 2: one senior surgeon per centre.Phase 3: Involvement in the project was translated as "willing to change".





Phase 1: Dissemination of a recent systematic review.

Phase 2: one senior surgeon per centre.

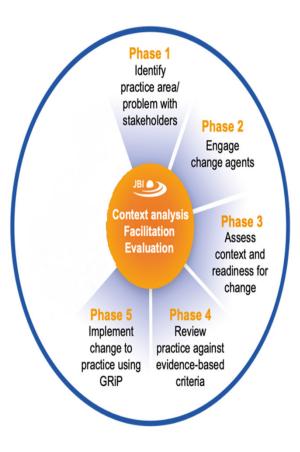
Phase 3: Involvement in the project was translated as "willing to change".

Phase 4: Audit: Number of stoma marking in the last 1-5 years.

Audit Question: What is the rate of stoma site marking in the last 1-5 years in the collaborative centers?

Audit criterion	Sample	Method to measure % compliance		
marking rate	Population: Number of patients that had stoma during the 1-5 years ago 1. Audit size : n= 304 records	Clinical documentation • "yes"- marked • "no" - unmarked		

1. Development



Phase 1: Dissemination of a recent systematic review. Phase 2: one senior surgeon per centre.

Phase 3: Involvement in the project was translated as "willing to change".

Phase 4: Audit: Number of stoma marking in the last 1-5 years. Phase 5: Round-table with stakeholders and workshops with the medical team (surgeons).

2. GRiP



Phase 1: Dissemination of a recent systematic review. Phase 2: one senior surgeon per centre.

Phase 3: Involvement in the project was translated as "willing to change".

Phase 4: Audit: Number of stoma marking in the last 1-5 years. Phase 5: Round-table with stakeholders and workshops with the medical team (surgeons).

Phase 6: Re-audit: Number of stoma marking during the next year.

3. Follow-up



Phase 1: Dissemination of a recent systematic review. Phase 2: one senior surgeon per centre.

Phase 3: Involvement in the project was translated as "willing to change".

Phase 4: Audit: Number of stoma marking in the last 1-5 years. Phase 5: Round-table with stakeholders and workshops with the medical team (surgeons).

Phase 6: Re-audit: Number of stoma marking during the next year. Phase 7: Identified from the round table - continous education.

3. Follow-up

# **Results: Baseline audit**

		Clinic A		Clinic B		Clinic C	
17	emergency						0/13
2017	elective						20/33
2018	emergency						0/10
	elective						13/21
2019	emergency				5/9		0/10
	elective				14/14		9/20
2020	emergency				4/5		0/4
	elective				29/29		6/16
21	emergency	5	5/43		3/6		0/2
2021	elective	<mark>1</mark> 7	7/23		18/18		14/20
2022	emergency						1/2
	elective						5/6

## **Results: Barriers and Needs**

Barriers		Needs (Strategy)	
<ul> <li>Not full documentation of stoma-marking. (2/3)</li> <li>Communication/ awareness.         <ul> <li>with the responsible nurse. (2/3)</li> <li>with the new doctors/assisstants. (1/3)</li> </ul> </li> <li>Availability of the nurse. (2/3)</li> </ul>	Electives	<ul> <li>Workshop with doctors and nurses. (3/3)         <ul> <li>Workshop with the doctors from the other fields (e.g.orthopedics).</li> <li>Conducting the workshop in regular basis/ mandatory. (1/3)</li> </ul> </li> </ul>	
		Development of a SOP. (1/3)	
<ul> <li>Physical state of the patient. (2/3)</li> <li>Time available before the operation. (3/3)</li> <li>Awareness (2/3) of other professions. (duty)</li> <li>Memory. (1/3)</li> </ul>	Emergencies	<ul> <li>Inserting a check- box for the preoperative stoma marking in the surgery preparation protocol. (1/3)</li> </ul>	

# **Discussions**

- The baseline audit showed that stoma marking was not fully implemented in daily clinical basis (improvement potential for elective and emergeny cases).
- The rate of the stoma marking differes strongly among clinics.
- Logistics of stoma-marking procedure differed across clinics, therefore tailoring the intervention for each clinic was needed.
- For the topic of "stoma marking", longer follow-up period is needed.



### Thank you for your attention!

Eni ShehuSeebad 82/83Institute for Health Services and Health Systems ResearchSeebad 82/83Faculty of Health Sciences Brandenburg15562 RüdersBrandenburg Medical SchoolEni.Shehu@m

Institut für Versorgungs- und Gesundheitssystemforschung



15562 Rüdersdorf bei Berlin Eni.Shehu@mhb-fontane.de

	Clinic 1	Clinic 2	Clinic 3
Electives % (N)	73.9 (17/23)	100 (61/61)	57.6 (67/116)
Emergencies % (N)	11.6 (5/43)	60 (12/20)	2.4 (1/42)
Total % (N)	33.3	90	43